

CODE: DA-4001

Mata Gujri College (Autonomous)
Fatehgarh Sahib
Session 2023-24

Drug Abuse: Problem, Management and Prevention
(Compulsory qualifying paper for all undergraduate classes)

Maximum Marks-50
Theory marks- 35
Internal assessment-15

Time Allowed: 1:30 hours
Pass Percentage: 35%

Distribution of Internal Assessment marks

Assignment: 7 marks
Attendance: 8 marks
Total : 15 marks

Course Objectives-

To introduce the problem of drug abuse to the students
To aware the students regarding consequences of drug abuse
To familiarize the students with the management and prevention of drug abuse

Course Learning Outcomes-

The students will understand the meaning of drug abuse and addiction
The students will become aware of the common signs and symptoms of drug abuse
The students will gain knowledge of how to prevent and manage this menace

Pedagogy-

Class room lectures, assignments, discussions and seminars.

INSTRUCTIONS FOR THE PAPER SETTERS

The question paper will consist of three units I, II and III. Syllabus of each unit (i.e. I & II) will have two subparts. Examiner will set two questions from UNIT-I (each question having internal choice covering both parts of syllabus of UNIT-I) and two questions from UNIT-II (each question having internal choice covering both parts of syllabus of UNIT-II). Each question will carry 6.5 marks. Unit-III is compulsory, and shall comprise nine short answer type questions carrying 1 marks each. The short type answer should be written in approximately 25-30 words.

INSTRUCTIONS FOR THE CANDIDATES

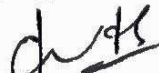
Candidates are required to attempt one question from each subpart of both the UNIT-I & II of the question paper and the entire UNIT-III. The short type answer should be written in approximately 25-30 words i.e. 3-4 lines



Dr Hardeep Kaur



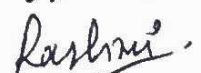
Dr Tarika Sandhu



Kanika Sharma



Dr Ajay Kaushal



Rashmi

Sanjay Kumar

UNIT-I

- I) Problem of Drug Abuse: Concept and Overview; Types of Drug Often Abused**
Meaning of drug abuse, drug dependence and drug addiction
Psychoactive and Non-Psychoactive drugs
Legal & Illegal drugs
Prevalence of drug abuse with special reference to Punjab
Brief introduction of stimulants, depressants, narcotics, hallucinogens, inhalants
- II) Nature of the problem**
Vulnerable age groups
Signs and symptoms of drug abuse: - physical, behavioural, psychological and academic signs

UNIT-II

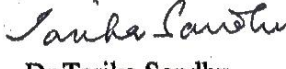
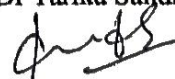
- I) Causes and Consequences of Drug Abuse**
Physiological, psychological and sociological causes
Consequences of drug abuse for individual, family and society.
- II) Management and Prevention of Drug Abuse**
Medical management and psycho-social management
Role of family, school, media, legislation, deaddiction centers and religion in prevention of drug abuse.


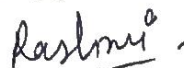
Suggested readings

1. Sharma, R. and Bansal, Y. (2017). Drug Abuse: Problem, Management and Prevention. R.D. Publications, India, ISBN: 978-93-84594-56-5.
2. Goyal, N. (2018). Drug Abuse: Problem, Prevention and Management. Kalyani Publishers, India, ISBN: 978-93-272-8739-4.
3. Kapoor, T. (1985). Drug Epidemic among Indian Youth. New Delhi: Mittal Pub
4. Ahuja, R. (2003). Social Problems in India, Rawat Publications: Jaipur
5. World Drug Report 2011, United Nations Office of Drug and Crime.
6. World Drug Report 2010, United nations Office of Drug and Crime.
7. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
8. The Narcotic Drugs and Psychotropic Substances Act, 1985, (New Delhi: Universal, 2012)


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